

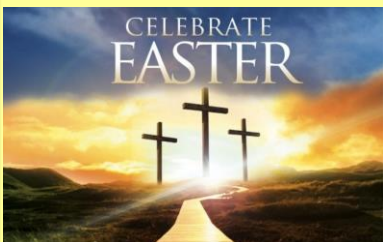


SouthWinds

MARCH 2023

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Patrick's Words of Wisdom

I remember as a young person going to see our family doctor in our small town. As we chatted, because he always wanted to chat, he asked me what I thought that I might like to do with my life. I responded that I hadn't decided what I was going to go to university to learn as my job. He looked at me and said that in his opinion, one should go to university to learn about one's passion and not solely for one's job. It was an interesting perspective that still resonates with me to this day.

According to my former doctor, we should learn about those things that we are passionate about in our lives. In this issue of the Southwinds, we will ask you to share your hobbies with our community. What makes something a hobby? According to Wikipedia a hobby is, "considered to be a regular activity that is done for enjoyment, typically during one's leisure time." I think for many of us, our hobbies are something a bit more. Yes, they are things that we enjoy doing but they can also be something that engages us, challenges us to think, challenges us in other ways as well, and might just be something that we are passionate about.

I have been thinking about this idea of being passionate about something. What are you passionate about in your lives? I think that for many of us this might be something that we don't always ask ourselves, but it might be a valuable question. When we ask what we are passionate about, we learn about ourselves and those things that might give us energy and life. To explore our passions might just connect us with others who are also passionate about those things as well, and in doing so, we form new connections and maybe even a new community. Looking at what we are

passionate about can also help us to see where we might offer our gifts to the wider community. Windsor Park United needs you to look at what you are passionate about, and in doing so consider how these passions might be used to help this community move into the future.

We are all in a time of change and in the midst of change, this gives us all the opportunity to see where we might want to go, both individually and as a community. Times of change give us the opportunity to look to a new future and consider new possibilities, to consider those things that we might not have considered previously and make them a reality.

So, I invite you to share your hobbies with each other, share your passions, and in doing so find ways to share the wonderful gifts that you have been given with the church and the wider community. When we share our passions, and our gifts, we are able to move forward together to a new future. I look forward to hearing about your passions.

Peace and blessings,



Rev. Patrick Woodbeck
Minister
Windsor Park United Church

2023 Lent Events

Join us for Lent, a 40-day period where we look into some of the ways we are separated from God.

This year's theme for Lent is "The Burdens We Carry," and each week we will explore ways to recognize how we detach from God, and work toward deepening our faith.

The season of Lent begins on Ash Wednesday and ends on Easter Saturday. Lent can be a time to re-examine and reaffirm our spiritual identity as people baptized into Christ's body, the church. As we journey through the weeks toward Good Friday and Easter, we move with Christ towards his dying and resurrection. Along the way the Spirit gives the opportunity for us to redirect and refocus our lives, and more fully realize our Christian identity. We recall where we are going and what it cost God for us to become resurrection people. We become open to the possibilities of new beginnings all around us. The season of Lent points us to Easter. Everyone is encouraged to attend or view the services in this worship series.

Calendar of Events

DATE	TIME	EVENT
Feb. 22 nd Wednesday	7:00pm	Ash Wednesday <i>Online Service</i>
Feb. 26 th Sunday	10:30am	1 st Sunday of Lent The Burden of Shame <i>Worship In-person and Online Service</i>
Mar. 5 th Sunday	10:30am	2 nd Sunday of Lent Communion Sunday, The Burden of Lack of Understanding <i>Worship In-person and Online Service</i>

Mar. 12 th Sunday	10:30am	3 rd Sunday of Lent Bible Adventures, The Burden of Reputation <i>Worship In-person and Online Service</i>
Mar. 19 th Sunday	10:30am	4 th Sunday of Lent The Burden of Sin <i>Worship In-person and Online Service</i>
Mar. 26 th Sunday	10:30am	5 th Sunday of Lent The Burden of Grief <i>Worship In-person and Online Service</i>
Apr 2 nd Sunday	10:30am	6 th Sunday of Lent Palm/Passion Sunday, Communion, The Burden of Abandonment <i>Worship In-person and Online Service</i>
April 7 th Friday	10:30am	GOOD FRIDAY The Burdens We Carry <i>Worship In-person and Online Service</i>
April 9 th Sunday	10:30am	EASTER SUNDAY The Burdens Are Lifted <i>Worship In-person and Online Service</i>



Post-Easter Events

DATE	TIME	EVENT
Apr. 30 th Sunday	10:30am	Patrick Woodbeck's last Sunday at WPUC <i>Worship In-person and Online Service</i>
May 7 th Sunday	10:30am	Service of Celebration of the 60th Anniversary of the U.C.W. <i>Worship In-person and Online Service</i>

My Hobby

Diana Rodd

Hobby - an activity that someone does for pleasure when they are not working. Hmm...I love to garden, paint, collect stamps, read, and work on my ancestry. So much pleasure in my life.

Do you know who your great, great, great, great, great, great, great, great, great, great, great, great, great, great, great, grandparents were. I do. At least two of them anyway for the moment. Barend Clant born about 1455 married to Anna and Jan Cost born about 1500.

For many years I have dabbled at tracing my ancestry. My mother left me one of those family books that shows a few generations. Having emigrated to Canada in 1952 I really was too distant from grandparents and aunts and uncles to develop a sense of family and didn't pay much attention to it. My interest was aroused coming across this book in later years. I wanted to know more about my ancestry.

Of course, too late to ask the pertinent questions. The computer and time gave me an opportunity to really develop this interest. I

now have 1,751 names on my tree. I came across a web site that shows all the information you could want back to the 1800s. Once I got going on this it just grew into looking to expand this information. I'm so fortunate in that the Netherlands required everything to be kept in civil registries which have been digitized with all the relevant information. Even occupations are listed. I have come across carpenter, weaver, bar maid, mayor, basket maker, house painter, textile worker, farmer, farm hands (male and female), nurse and sailor, but no candlestick maker. The sailor was interesting as both branches of my family were well established as far inland as one can get in the Netherlands, right on the German border. Of course, a border that was very insignificant in the 1500s thus some German ancestry (yet to be explored). This is what makes this hobby so interesting. Imagining how these families lived and intermingled in the 15 and 1600s. The hardships, and challenges of the times they faced with which we are all too unfamiliar. Families amalgamated when spouses were deceased. Many women died in childbirth or when disease came through an area. Two of my multi-great grandfathers had three wives and lived well into their eighties while the ladies were gone by age 30 or younger.

Although the information is there, challenges exist in determining which is the right one and how to trace it back. I have come across names with at least six different spellings. These are subject to transposing from written registries to individuals themselves not knowing the correct spelling. Write it the way it sounds.

It is amazing how the families were intertwined in these small communities before cars, planes, and trains. No one travelled too far afield. Another interesting fact I have come across is the origin of some

of the names. Like my 8th great grandmother Jenneken vant' Winkel, which translates to "from the store". Yes, her father ran a store. Other names trace back to places, areas, or relationships. This is why you see a lot of "van de" in the Dutch Language. This translates to "from the". Sometimes in the research you find this adjective is dropped. Another new trail to investigate.

Exploring records have led me to others with whom I communicate to share information. Each step leads to another. There are now many websites offering information on ancestry and area census which all offer tidbits of information to follow.

On the other side I have three more generations to add to this history. My great granddaughter can now boast having information going back 19 generations and lucky her. Major is doing the same with his ancestors.



You can't make an omelet without breaking a few eggs

Doug Waldron

In my prior Southwinds article I said I like cooking/baking and finished with "bake a cookie, save the world". If you google the title phrase you may find this article - <https://poemanalysis.com/idiom/you-cant-make-an-omelet-without-breaking-a-few-eggs/>. As WPUC starts preparing it's Community of Faith profile and entertains the idea of sharing ministry resources, there is a distinct possibility that parties will have to be flexible. Our profile will provide the core

values of WPUC and be the basis for constructive conversation.

Back to baking sourced from <https://www.seriousseats.com/omelette-souffle-with-cheese>.



Soufflé History

According to David Lebovitz, the Norman restaurant La Mère Poulard claims the soufflé omelette was invented by its original proprietor, Annette Poulard, in 1888. Or, at least, it claims she invented the specific soufflé omelette recipe served there, which, if that's the case, isn't much of a claim at all. That would put it about a century after Antoine Beauvilliers, who is sometimes called the "inventor of soufflé," was alive and about 50 years after the life of Antonin Carême, one of the founding fathers of classic French cuisine, who made dozens upon dozens of soufflé recipes of his own.

Bon Appetit



Patrick's Farewell

Carol Belsham

SUNDAY, APRIL 30, 2023 WILL BE....
“...HE HAS DONE A WONDERFUL JOB”

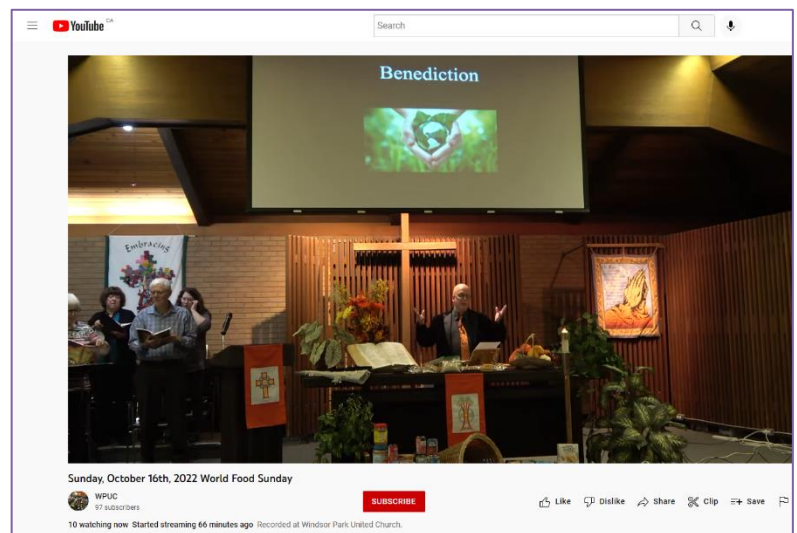
This will be Rev. Patrick Woodbeck's last day as our minister at our church.



He has been at Windsor Park United Church for at least 10 years! For five years he was a theology student and mentored by Rev. Dr. Sharon Wilson and Rev. Dr. Bob Galston.

The past five years he has been our sole minister at WPUC –3 of those 5 years he has ministered us through a pandemic! This was no easy task, but he steered us through it!

He has done a wonderful job!



On Sunday, April 30, 2023, we invite you to come to church.

Following the service, we will be having a reception in the South room to honour Patrick.



Hobbies and Activities

M P A I N T I N G Y Z T R A E V E G A R D E N I N G
 S V G A R D E N I N G I S S J K S E X E R C I S E
 F R B L Y F S O S N Y W P I L N M K N I T T I N G
 D I U L E S Y E I R I P G N V I B P A I N T I N G
 Z E S M Q U K W S M E E M N H T T S W I M M I N G
 D M L H Z M A T M G S A P E P T J C O O K I N G
 S A T L I R D I C N P P D T E I V D A N C I N G
 N R N Z D N N M U I M P R I C N G D R A W I N G
 I D N C L G G P B W A L X R N G N F I S H I N G
 O M G N I D I R T E T B A Z H G I H U N T I N G
 C Y A J E N D J W S S F M C B Y T P O T T E R Y
 C R R V S V G V L J T I J B Y G N R E A D I N G
 F C O O K I N G N S F E N V J A U S K A T I N G
 D O Y C J M Q Y Z L Q S D R A C H C R A F T S
 J Y R E T T O P P S Q J U A U W E R I D I N G
 L F C D X T E S I C R E X E T X M S E W I N G
 N G A M E S N S K A T I N G G E X G S T A M P S
 T E N N I S
 C A R D S
 C O I N S
 G A M E S



UCW News

Alana Davis

Happy new Year to one and all.

The U.C.W. members have been relishing in their monthly meetings. It was a long time off with the COVID pandemic.

Our big news is that we will be celebrating (a year late) the 60th Anniversary of the U.C.W. on May 7, 2023. U.C.W. members will be participating in the whole service.

If you know of a U.C.W. member, not presently at Windsor Park United Church, please let them know of this service. We hope to have members from the past, hopefully the future, as well as our members of the present.



UCW 60th Anniversary

Windsor Park United Church will celebrate the 60th Anniversary of the United Church Women (U.C.W.) on Sunday, May 7, 2023 at 10:30 a.m. (celebrating one year late due to COVID).

- ★ The service will be led by the women of the U.C.W.
- ★ Invitations will be extended to former U.C.W. members.
- ★ A luncheon will be served following the service.
- ★ There will be a pictorial history. If anyone has anything that they would like to contribute to the display, please drop it off at the church office.
- ★ Make sure items are WELL-LABELLED with your name and telephone number.
- ★ Please come out and celebrate with the United Church Women.



*Watch for the
Fall edition of
Southwinds.
Available late
September.*

Technically, Moses



was the first person
with a tablet
downloading data
from the cloud

Yesterday my
husband thought he
saw a cockroach in
the kitchen. He
sprayed everything
down and cleaned
thoroughly. Today I'm
putting the cockroach
in the bathroom.

**THE MOST
EXPENSIVE
VEHICLE TO
OPERATE, BY FAR,
IS THE COSTCO
SHOPPING CART.**

**THIS IS HOW WE
PLAYED ON LINE**



BEFORE THE INTERNET

**Kids today will never know
what it was like to take a ton
of pictures**



**And have to wait a week to
find out they were useless**

**Remember when we
were young and
couldn't wait to
grow up, so we
could do whatever
we wanted, whenever
we wanted?**

**So ...
How's that
working
out for
you?**

