



# SouthWinds

## SEPTEMBER 2019

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## Windsor Park United Church

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Phone: 204.256.8792

Visit us at:  
[Windsorparkunitedchurch.com](http://Windsorparkunitedchurch.com)

## Patrick's Words of Wisdom

*"Five hundred, twenty-five thousand, six hundred minutes.*

*Five hundred, twenty-five thousand moments so dear.*

*Five hundred, twenty-five thousand, six hundred minutes.*

*How do you measure, measure a year?*

*In daylights?*

*In sunsets?*

*In midnights?*

*In cups of coffee?*

*In inches?*

*In miles?*

*In laughter?*

*In strife?*

*In five hundred, twenty-five thousand, six hundred minutes.*

*How do you measure a year in the life?*

*How about love?"*

The above lyrics come from the song "Seasons of Love" from the Broadway musical Rent, which was just at the Centennial Concert Hall at the end of August. This has always been one of my favourite songs from a musical and as I thought about this Southwinds this song came to have a deeper meaning for me. We are about to embark on another year here at Windsor Park United Church. It has been five hundred, twenty-five thousand, six hundred minutes since we last started another church year and how have we as a community of Jesus followers measured that year. The song is called "Seasons of Love" and in the play it speaks to the year in the life of one of the characters and what makes up a life. We can ask the same thing about our community what constitutes a year in our life? We have measured the past year in time spent together worshipping and learning. We have spent time laughing and crying together. We have spent time together living and growing in community. But I think most importantly of all we have spent time together in love. Our love of God, our love of community, and our love for each other and this is what matters in the life of a community based in the love of God.

As we move into this next year, let us remember that we are always called to be a community of love. That these next five hundred, twenty-five thousand, six hundred minutes are just as important as the last and that we are called to continue to grow in love and faith together, opening our hearts and minds to the world around us to do the work of God in the world, the work of love in the world.

We are entering into another season of worship and music. Our music programs are starting up and we feel the love and passion that is brought to us by the talented musicians, singers, and music director who share their gifts with us. We know that music moves so many and touches us deep in the soul eliciting deep emotion and feeling. We once again affirm the young ones in our presence as we grow and learn with them in our faith, as our Bible Adventures gets under way for another year. Our study groups are getting ready to begin and so in love we open ourselves to new possibilities of learning. We know that for our community there will be challenges ahead, but if we approach them in love we can live with the hope that we will continue to move forward together.

Seasons of Love, yes we are entering another season of love. Love, the greatest gift that we have been given and the greatest gift that we can give. I wish everyone a new church year filled with love and look forward to this coming year with you all.



**Rev. Patrick Woodbeck**  
Minister, Windsor Park United Church

**Join us for Thanksgiving  
Sunday Service:  
October 13<sup>th</sup> at 10:30 a.m.**

## Church Website

Laura Steidl

What's on our website?

Did you know that Windsor Park United Church has a website? The address is:

[www.windsorparkunitedchurch.com](http://www.windsorparkunitedchurch.com)

On the home page, the first thing you will see are photos from the church. Explore the site by going to the drop down menus along the top: **News, Events, Worship, Memories, Contact** and **Who We Are**. If you are a council chair or are organizing a special event, we can help by posting it to the website! Just send the information you would like to have shared to **Sue** or **Laura** and we'll see that it gets on the website!

At the bottom of the page you will find links to: United Church donation sites for areas of need such as the Rohingya crisis, hurricane Dorian relief and Aid for asylum seekers in Central and North America.

You can also click to get to the webpage for the **United Church of Canada** and **Broadview** (aka The Observer), where you can find interesting articles and videos. We also have a link to the Alzheimer Society of Manitoba, making it easy to register for their programs. There is also a link to Windsor Park United Church's YouTube channel, where you can see videos made by or recommended by Windsor Park United Church!

Weekly features of the website include: the **Weekly Bulletin** and **Announcements** and **Notes on the Notes** (a blog where you can learn more about the music included in worship each week).

Follow the website via email so that anything new that is added comes straight to your email. Just enter your email address on the home page and click follow!



## Congregational Involvement & Communication Council

Deanna Kernaghan



### Welcome Back lunch

Well folks, we are getting ready for another season of social activities. On **September 8** is our Welcome Lunch. By the time this is published our lunch will be over and hope everyone enjoyed it.

### Craft Sale



On **October 19** is our *Craft Sale*. Several tables have been booked already.

If you are interested in renting a table you can contact **Jan Nazarko (204) 233-2736**.

### Join the CICC

The CICC looks after most of the social events in the Church and are always open to have new members join us. We meet once a month. If you are looking for a fun council to join, the CICC is the one for you.

### Coffee and Conversation

Barb Kelly

With the help of dedicated volunteers to help each week, Coffee and Conversation was a success. People attended eight weeks of pleasant Wednesday afternoon visiting with others and 22 enjoyed High Tea on the ninth Wednesday on August 28.

Thank you to everyone who donated baking, goodies, and garden vegetables. I would like to extend a special thanks to all who volunteered their time. This provided a place for people to go each week in July and August.

After all expenses were paid out of the Free Will Offering, a donation was made to Windsor Park United Church for the purchase of school supplies to be donated to schools in the local area.

Please consider volunteering for one Wednesday next summer. Without the volunteers to set up before and clean up at the end of the day, this much needed program cannot go on. Thank you.

### Winnipeg Foundation

Laurie Ringaert and Bill Belsham

The **Winnipeg Foundation** is critical for small non-profits to assist them in the good work they are doing the community.

In our case, we serve a diverse community of seniors, newcomers, single-moms, children in the Windsor Park and Southdale areas.

We also provide service to West Broadway, Christmas Cheer Board, school supplies for neighbourhood schools, assist people affected with fires in their homes, provide a small food bank for low income at our Church, contribute to the Bear Clan and support activities of Save Our Seine River Environment and many other community service needs.

The support provided to us to date has been critical for our infrastructure. This allows us to do our community work and continue on our journey to serve as community Hub.



## Music

Laura Steidl

# Windsor Park United Church has music programs for all ages!

Do you enjoy singing and want to have “faith-ful fun” with a great group of people who share your love of music? Do you want to help our congregation connect to God by leading music and sharing “sermons in song?”



### Adult Choir

Our adult choir, under the direction of Laura Steidl, practices on Thursday evenings and leads the music in worship each Sunday.

*Join us on Thursday evenings  
from 7:45-9:15 p.m.*

From “just learning to sing” to “lots of experience” - if you like to sing, we have a place for you!

### Children's Choir

Our children's choir, “The Joyful Noise,” is for boys and girls from Kindergarten to Grade 6. Children will develop friendships, have fun and make music together! *The Joyful Noise practices are every second Sunday at 10a.m. in the downstairs Choir Room.*

Watch the bulletin for the first practice date in October!

### Praise Team

“The Praise Team” is open to teen and young adult singers, and musicians of all ages. The Praise Team specializes in a more contemporary style of music and leads the music in worship approximately every 4-6 weeks.

*Practices are on Sundays after worship.*

If you sing, play an instrument, or want to learn about working with sound and projection equipment, speak to Laura about ways to be involved in this group!

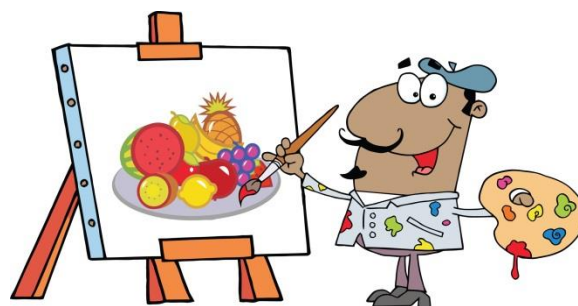
For more information about any of our music programs please contact Laura Steidl at [laura.wpuc@gmail.com](mailto:laura.wpuc@gmail.com)

All of our music groups welcome new members at any time during the year!

### Art Club

Diana Rodd

We are looking forward to another year of relaxing painting afternoons. *The WPUC Art Group meets every Tuesday afternoon at 1pm from September to May.*



Working on our own projects, most of us do watercolors while some are also exploring acrylics, pastels and colored pencils. Many attend other workshops and groups and then willingly share their experiences. Once a month we try to have a video to learn some techniques from other artists.

We are a friendly, relaxed group and anyone is welcome to join us. Casual drop-ins are always welcome. Come and see what we're about.

## UCW Report

Alana Davis



Well, summer is almost over and fall is beginning to be felt in the air!

The UCW is beginning to gather again.

- ★ Unit 2 meets the first Wednesday of the month at 1:00 p.m.
- ★ Unit 5 meets the third Monday of the month at 1:00 p.m.
- ★ The YAH's usually meet the second Friday of the month at 7:30 p.m.

We all meet at the church. If you think you might like to come out and see what happens:

- ★ Please call Sue at the church (204) 256-8792
- ★ or email [office@windsorparkunitedchurch.com](mailto:office@windsorparkunitedchurch.com).

### Quilt Show & Stitchery

The UCW are catering the *Quilt Show and Stitchery* on October 4 and 5, 2019.

- ★ Time: from 10:00 a.m. until 4:00 p.m.
- ★ Location: East St. Paul Arena, 266 Hoddinott Road in the Banquet Room.

We will be serving lunch both days to approximately 200 people and we need 18 apple crisps in 9" x 13" pans for dessert.

We would appreciate if we could have people from the congregation donate apple crisps.

Please mark your cake pan clearly.

*Bring the crisps to the Church between 9:00 a.m. and 7:30 p.m. on October 3.*

### Cookie Walk

Watch future Sunday bulletins for more information on the Cookie Walk. It is marked for **Saturday, November 30.**

*Enjoy the sights and sounds of fall.*

### Building & Property Council

Bill Belsham & Wayne Baldwin

It has been another busy year.

- ★ Due to the efforts of Laurie Ringaert we were able to install a new roof with the grant we received from the Winnipeg Foundation.
- ★ We are now looking at the south windows as water entered due to the south wind driven rain. Some areas were caulked last year but additional work is required. Quotes will be obtained.
- ★ Thanks to all the volunteers our perennial flower beds are looking great. We will be looking at moving some of the flowers that are crowding in the next couple of weeks.
- ★ Again this year the floors were stripped and waxed, thanks to Gina Grant and volunteers.



**Property Council**

## Outreach Council

Gwen Polak, Chair



*For many of us, summer offers a welcome break from our routines. For others, there is no break from the daily challenge to meet basic survival needs. This season, members of your Outreach Council and supportive friends have been helping in their own ways by...*

### Filling The Plates



Our volunteers prepared and served 3 lunches at **West Broadway Community Ministry (WBCM)** this

summer. On each occasion, we offered meals to between 80 and 120 guests. They particularly enjoyed the fresh produce and home-baked treats. We thank all of our volunteers for their contributions of time, talent, and resources.

At this time, we would like to recognize the invaluable contributions of our “member-at-large”, **Colleen Gates**. Colleen has frequently rolled up her sleeves and done all that she could to sustain and promote our work with WBCM. She helped to organize the lunches during the past year, found volunteers to prepare, bake, or serve at WBCM., and also recruited additional support from individuals and companies in the community. Her efforts and enthusiasm have been inspiring. We hope that before long she will again be able to don her signature cap and apron and give us more new menu options!

We will continue providing lunches in the coming months. Generally, on the last Monday of each month we will be preparing sandwiches and other items in the WPUC kitchen from 9:00am to 11:00am to transport and serve at WBCM between 11:30am and 1:00pm on the same day.

If you would be willing to assist us at any time with the preparation and/or serving of any of the lunches, we would welcome your help. As well, we gratefully accept donations of baking and fresh fruit which provide special treats for the guests. Car-pooling can often be arranged.

Please contact me ([gpolak@mymts.net](mailto:gpolak@mymts.net)) for further information.



### Stocking The Pantry

Gord and Shirley Goossen have kindly assumed the task of collecting and delivering groceries to West Broadway each week. The groceries are used for the lunch program, as well as to stock the WBCM emergency supply pantry. Items most urgently required at this time include coffee, sugar, coffee whitener, and sandwich-making supplies (such as peanut butter and Cheez



Whiz). As well, if you have surplus produce from your garden, we can make



arrangements to pick it up and transport it to WBCM.

If you would like to donate items, please place these in the labelled boxes/bins inside the front entrance of WPUC.

**WE WILL BE COLLECTING DONATIONS OF NON-PERISHABLE FOOD ITEMS FOR WBCM ON SUNDAY, OCTOBER 13. DONATIONS CAN BE DROPPED OFF AT THE CHURCH BEGINNING IN OCTOBER.**

### Shopping for Christmas

*This year marks the 100th anniversary of the Winnipeg Christmas Cheer Board.*

In partnership with that organization, we plan to prepare and deliver hampers to families and pensioners in the area. If you know of an individual or family that would benefit from a hamper, please speak with Rev. Woodbeck or myself before November. Further information about ways you can support this effort will be announced in the fall.

## *Chair of the Board*

*Doug Waldron, Board Chair*

Like last year, I am writing this with change in the air - change of temperature, leaf colour, church calendar and a change in the approach of being a neighbourhood church.

Over the past few years with Laurie's help we have embarked on a journey of imaging what we could/should be. There is one more session planned for October and a general survey may follow. We wanted to tell the neighbourhood "All Are Welcome". We wanted to let the neighbourhood know that we are more than just a Sunday service and it is OK to climb our steps on any day; thus, the Little Free Library was installed and appears to be well used. Many thanks to Sue Turley for keeping the LFL tidy and well stocked with a diverse selection of reading material.

The kitchen has been certified by the City to be of commercial quality and can be rented for professional food preparation. We have had many rental enquiries recently and have signed a year long agreement with the Winnipeg Amateur Radio Club for their monthly meetings. A French speaking congregation may also be renting on Sunday afternoons and Wednesday and Friday evenings. As gracious hosts we have to remember to leave our church neat and tidy for others since we expect the same of our guests.

With much thanks we did receive a \$20,000 grant from The Winnipeg Foundation for the roof repairs and shingles. Bill and Wayne arranged for the work to be done over the summer. God has blessed us with a fresh leak that does not appear to be related with the current repairs.

Of course, some things don't change, that is our love of family, food and fun. A part of our Homecoming Service will be a Potluck Lunch on **Sunday, November 3rd.**

Gloria and I are committed to providing a cake. Help will be required with setup, providing beverages and clean up. The expectation is that each attending family will provide something, be it a meat, potato/ rice/ pasta/ bread, soup, vegetable or dessert.

You don't have to provide for 100 - just 8 - 12 servings will ensure there is enough for everybody.

Look for helping and attending signup sheets and take note of what others are bringing so we have a balanced diet.

## *Thursday Morning Study Group*

*Alice Hastings & Anne Thoroughgood*

After the busyness of summer, come October, Thursday Morning's at WPUC has been a place, for over 40 years, to renew our energy. With coffee and lively conversations, you will be warmly welcomed by an open minded caring group of inquisitive people.



This year we have decided to use a DVD presentation, and with Patrick as our fearless leader, keeping us on topic, always makes for a very interesting morning.

We will begin with the study "The New Testament You Never Knew" with N.T (Tom) Wright and Michael F. Bird. This study will lead us on an exploration of the context, purpose, and meaning of the story of God.

- ★ Come:- Thursday October 17<sup>th</sup>
- ★ Where:- WPUC - downstairs large room
- ★ When:- 9:30 am - 11:00 am

## Movie Review

### INSTANT FAMILY(2018)

*Reviewed by Patrick Woodbeck*

Instant Family is a 2018 American comedy film starring Mark Wahlberg and Rose Byrne as parents who adopt three young children. Based on a true story, married couple Pete and Ellie Wagner, after being taunted by relatives who think they will never have kids, start considering the option of adopting a child. Initially half-serious, they eventually decide to enroll in a foster parent's course. Two social workers, Karen and Sharon, guide the hopeful parents on the steps to getting into becoming adoptive parents. The couples are brought to a fair where they have the chance to go up to kids that they are interested in adopting. Pete and Ellie walk by the teenagers, although Ellie shows hesitance over raising a teen. One of the teens, Lizzy, informs Ellie that they all know no one wants to adopt the teens.

Impressed with Lizzy's behavior, Pete and Ellie talk to Karen and Sharon over potentially taking her in. The social workers inform the couple that Lizzy's mother is a drug addict who is currently in jail, and she set their home on fire because she left the crack pipe lit. It also turns out that Lizzy has two younger siblings, Juan and Lita. Although this seems like more of a challenge for Pete and Ellie, they agree to meet the siblings. The first meeting, however, does not seem to result in an immediate "bond", and Pete and Ellie reconsider.

Pete and Ellie have Thanksgiving dinner with Ellie's family, where they announce that they intend to walk back on their decision to adopt. Once the rest of the family shows relief, making it clear that nobody really believed that Pete and Ellie could make it, Ellie gets upset and decides that they will go

through with the foster care to prove that they can be good parents.

Although this movie was advertised as a comedy, and there are some very funny comic gems in the movie, it is also a wonderfully accurate representation of the experiences of what fostering children entails. Both Mark Wahlberg and Rose Byrne play Pete and Ellie with a sense of naiveté that underscores how unprepared they truly were for the issues and challenges that came along with being foster parents. The realistic way in which this movie portrays those issues and challenges is both refreshing and challenging to watch. As a child-care provider I know stated, "anyone who wants to become a foster parent should watch this movie first." The movie is both funny and heart-breaking, but in the end it honestly examines the lives of children who have been apprehended and live their lives in the foster care system. The movie speaks to the mistrust that many of these children have and the consequences of that mistrust; acting out, anger, overly emotional, defiance, and the difficulty when returning from visits with birth parents. None of these experiences are sugar coated but rather portrayed with honesty and sensitivity. This movie was well worth the time and I would recommend it to anyone who is willing to both laugh and cry.



## Tot Time

Ruth Klein



Come join the fun at Tot Time. Bring your children and enjoy some coffee and conversation with other parents while volunteers from the church take special care of your little ones.

Tot time begins on  
**Wednesday,**  
**October 16** from  
**9:30 to 11:00 a.m.** at  
Windsor Park United  
Church.



Anyone wishing to participate in this program or would like more information should call:

- ★ The church office at 204-256-8792
- ★ or Ruth Klein at 204-256-6390
- ★ or email [ruthklein1084@hotmail.com](mailto:ruthklein1084@hotmail.com)

We look forward to a fun filled Fall season and a chance to reconnect with friends as well as making some new ones.

All are welcome.

## Pop Culture Corner

Patrick Woodbeck

I remember many, many, many years ago when the first Star Wars movie “A New Hope” came out, 1977 to be exact, and I found myself in awe of the special effects in this movie. I think that in many ways that movie ushered in a new era of movie making with big budgets and even bigger special effects. So 42 years later the final movie in the 9 movie series is set to be released later this fall and so I thought that it might be a good time to reflect on these movies. The movies all revolve around the struggle between the forces of “good” in the universe, epitomized by the rebels, the Jedi, and the light side of

the force, against the “evil,” reflected in the empire, the First Order, the Sith, and the dark side of the force. In all of the movies this theme of light versus dark is lived out in varying degrees of importance to the story line that is until the very last movie that came out “The Last Jedi.” In all of the preceding movies there is an understanding that one must either live in or follow only the light side, or the dark side. It is very much an understanding that it is an either/or universe within a binary understanding of the force, you are either with the light side of the force or the dark. Much of the struggle within the first 7 movies comes from this place, as many characters struggle to live only within one side of the force. Yet there is an understanding throughout all the movies that there must be balance in the force, as there must be balance in everything in life. It is only in most current movie that this idea shifts with the character of Rey. Rey is a nobody, from a nothing planet on the outer rim and yet she has this natural ability to use the force. What is different about Rey is that she naturally embraces both the light and dark side of the force. The balance that is sought is not between individuals who struggle to live in only side of the force, but rather the balance is found between the light and dark sides of the force within the individual. This is a profound shift in the important part of these movies and I look forward to seeing where they take this in the next movie.

It is interesting to think about this in the context of our lives. It is important to realize that each one of us has those places of light and dark inside of us and to know that in the midst of those dark places, light still exists. Also on the other side, in the midst of light, dark places are sometimes not too far away. We too might be challenged to accept those dark places and light places in our own lives and find balance that can bring wholeness.

# October Events

*Here are a couple of events to mark down in your calendars.*

## *ProFuture Faith – October 9<sup>th</sup>*



Wednesday Evening Study

October 9th, 2019

7:00 pm—8:30 pm

8 Sessions

Eco-theology: a new way to understand

Godde, Faith, and our world.

Everyone is welcome to attend.

Windsor Park United Church

1062 Autumnwood Drive

Call (204)256-8792 to register for this study.

Come and join in on the conversation!

## *First Contact – October 28<sup>th</sup>*

**Walking Towards Reconciliation  
at**

**Windsor Park United Church**

**Every 2nd Monday**

**Beginning on Monday, October 28th**

**7:00 pm—8:30 pm**

**1062 Autumnwood Drive**

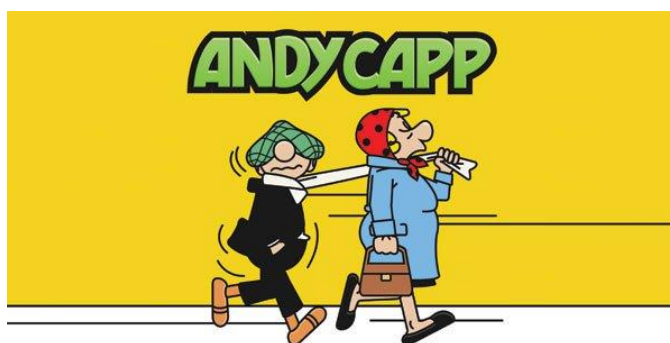
**Please join us as we view and discuss**

**APTN's "First Contact"**

**Call (204)256-8792 to register**



**Six Canadians Take an Extraordinary  
Journey Through Indigenous Canada**



# November Events

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*Tattoo Culture & Faith – Nov. 4<sup>th</sup>*



TATTOO CULTURE AND FAITH

EVERY 2ND MONDAY BEGINNING NOV 4TH, 2019

FROM 7:00 PM TO 8:30 PM

AT

WINDSOR PARK UNITED CHURCH

1062 AUTUMNWOOD DRIVE

THE SERIES WILL LAST 8 WEEKS AS WE DISCUSS

TOPICS SUCH AS;

WHAT IS THE STORY BEHIND YOUR TATTOO?

HAVE YOU BEEN OSTRACIZED FOR HAVING INK?

FLASH OR CUSTOM?

AS WELL AS OTHERS

CALL (204)256-8792 TO REGISTER

## Membership and Pastoral Care

Membership and Pastoral Care is asking for donations for the upcoming Alzheimer's workshop on **September 28.**

They require cheese for 30 people, small fruit tray, 2 one-litre orange juice, and 2 one-apple juice.

Please drop off donations on Friday, September 27 between 9:00 a.m. and 12:00 noon.

Sign-up sheet in the narthex.



*Watch for the December edition of Southwinds. Available late November.*

### **A PRIEST, A MINISTER, A RABBI AND A BEAR**

**A priest, a minister, and a rabbi want to see who's best at his job. So each one goes into the woods, finds a bear, and attempts to convert it. Later, they all get together.**

**The priest begins: "When I found the bear, I read to him from the catechism and sprinkled him with holy water. Next week is his first Communion."**

**"I found a bear by the stream," says the minister, "and preached God's holy Word. The bear was so mesmerized that he let me baptize him."**

**They both look down at the rabbi, who is lying on a gurney in a body cast. "Looking back," he says, "maybe I shouldn't have started with the circumcision."**

